



Psychological Association of Manitoba Degree Requirements

Degree Requirement for Candidates College of Psychologists of Manitoba

The following criteria are used to evaluate the eligibility for initial registration with the College of Psychologists of Manitoba. All educational credentials of applicants are subject to approval by the Council of CPMB. These eligibility criteria do not apply to candidates for registration who are already registered in another Canadian jurisdiction and who are applying through labour mobility legislation.

1. Eligible graduate degrees for registration must be clearly identified and labelled as degrees in Psychology where the purpose of the degree is to prepare graduates to practice in the regulated profession of Psychology as providers of psychological services.
2. The graduate degree must be from a regionally-accredited institution of higher education.
 - a. Canadian Institutions: the institution must be a government-authorized degree-granting institution of higher education in Canada.
 - b. United States institutions: the institution must be an institution of higher education in the United States that is regionally accredited by:
 - i. Accrediting Commission for Community and Junior Colleges
 - ii. Middle States Commission on Higher Education
 - iii. New England Commission of Higher Education
 - iv. Higher Learning Commission
 - v. Northwest Commission on Colleges and Universities
 - vi. Southern Association of Colleges and Schools Commission on Colleges
 - vii. WASC Senior College and University Commission
 - c. Institutions outside of Canada and the US: the institution must be a university that is authorized by an appropriate authority in that jurisdiction. Degrees from international institutions are subject to approval by CPMB Council. (Note: English language fluency is a requirement for registration in Manitoba.)
3. Graduate professional psychology training programs that are accredited by the Canadian Psychology Association are recognized as meeting the criteria for eligibility for registration in Manitoba. CPA accreditation criteria would be the basis for evaluating any graduate degree of an applicant for registration and the level of equivalency to CPA accreditation would be considered.
4. Online or hybrid graduate programs (i.e., programs that do not have at least 12 months of continuous full-time resident graduate study) are not eligible for registration unless accredited by either the Canadian Psychological Association or the American Psychological Association. In the case of APA accreditation, eligible online or hybrid training programs are ultimately also subject to CPMB Council approval. CPMB will consider equivalency for online or hybrid programs that are not CPA/APA accredited, but only in certain circumstances (e.g., to obtain additional training). Any decisions about equivalency are fully at the discretion of Council.
5. Applicants must have completed coursework in the Core Content Areas of Psychology through either one half-course (3-credit hours) at the graduate level or, alternatively, through either one full-course or two half-courses (6 credits hours) at the senior undergraduate level. Courses used for the Functional Competencies (see later section) cannot be used to meet these Core Content Areas. Courses used to satisfy one Core Content Area cannot be used for another. Courses that are audited or not taken for academic credit are not accepted.
 - a. Biological Bases of Behaviour: (e.g., physiological psychology, comparative psychology, neuropsychology, sensation & perception, psychopharmacology, brain and behaviour, genetics and behaviour, biology of stress).
 - b. Cognitive-Affective Bases of Behaviour: (e.g., learning, thinking, cognition, theories of motivation, theories of emotion, memory, language, self-regulation, information processing, problem-solving).



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- c. Individual differences, diversity, growth, and lifespan development: (e.g., personality theory, human development, abnormal psychology, developmental abnormalities, psychopathology, individual differences, behaviour risk factors, aging, resilience and coping, individual sexuality, effects of trauma, health behaviours).
- d. Social and Cultural Bases of Behaviour: (e.g., social psychology, group processes, organizations and systems, community psychology, environmental psychology, culture and society, interpersonal relationships, family systems, social justice, diversity).
- e. History and Systems in Psychology: (e.g., history of psychology, scientific foundations of psychology, philosophy and psychology). (Note: this Core Content Area can be met with either a single graduate or undergraduate half-course (3 credit hours); although, a first year undergraduate Introduction to Psychology course cannot be used to meet this requirement).
- f. Foundations of Psychopharmacology: (optional) Coursework information is gathered on psychopharmacology, but this has not been made a requirement.

Comment: Applicants for registration for independent practice who are applying with a Master's degree in psychology will typically need to have a 4-year undergraduate or Honours Degree in Psychology to meet all of the Core Area and Functional Competencies course requirements.

6. Registration in the Field of Practice of Neuropsychology requires additional Core Content Areas of Psychology (based on the CPA accreditation standards for Clinical Neuropsychology). In this case, overlap with Functional Competencies Courses is permitted. To be registered in the Field of Practice of Neuropsychology, applicants must have coursework in each the following:
 - a. Functional neuroanatomy.
 - b. Neurological and related disorders, including their etiology, pathology, course, and treatment.
 - c. Non-neurologic conditions affecting central nervous system (CNS) functioning.
 - d. Neuroimaging and other neurodiagnostic techniques.
 - e. Neurochemistry of behavior (e.g., psychopharmacology).
 - f. Neuropsychology of behavior.
7. All applicants must have at least **one** half-course (3 credit hours) at the *graduate level*, in each of these Functional Competencies of psychological practice.
 - g. Research: (e.g., research design, research methods, quantitative and qualitative research, statistical analysis, test construction, psychological measurement).
 - h. Professional ethics and standards: (e.g., professional standards and conduct, jurisprudence, regulations, codes of ethics). This course must be taught by a psychology practitioner who is registered for professional practice. (Note: applicants from programs outside of North America might be asked to take additional education to study the CPA Code of Ethics.)
8. All applicants must have at least **two** half-courses or equivalent (6 credit hours) at the *graduate level* and that were taught by a *registered psychology practitioner* in each of these Functional Competencies of psychological practice:
 - i. Psychological assessment and diagnosis: (e.g., cognitive assessment, intellectual assessment, personality assessment, neuropsychological assessment, achievement testing, vocational assessment, behavioural assessment, psychopathology, case formulation, interviewing, diagnostic classification systems). (Note: permission to diagnose mental disorders of any population group will depend on the applicant having taken a relevant graduate course in psychopathology.)
 - j. Psychological intervention: (e.g., humanistic approaches, behavioural therapy, ABA, cognitive/CBT approaches, psychodynamic approaches, family systems therapy, counselling techniques, psychoeducation, rehabilitation, relational/interpersonal approaches, culturally informed approaches, community interventions, career counselling, organizational interventions).



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9. Some applicants will have coursework in the following Functional Competencies. Coursework in these areas at the graduate level is not required for registration for independent practice, but any coursework in these areas will be used when approving these specific practice areas at the time of registration:
 - k. Consultation: (e.g., inter-professional/multi-disciplinary teams, organizational consultation, school or other agency consultation).
 - l. Program development and evaluation: (e.g., program evaluation, service development, program implementation).
 - m. Supervision: (e.g., theories or models of supervision, the opportunity to supervise more junior trainees).
10. Applicants for registration for independent practice as psychological services providers with CPMB must come from graduate programs that incorporate the principles of science and which include direct experience in research. This requirement must involve a research advisor who assists the student in developing and executing a research project that leads to a research paper that the student writes and has approved by their graduate program.
 - n. In the case of an MA/MSc graduate degree, this research project would be a **Master's Thesis** or equivalent. Master's degrees in psychology that do not include a Master's Thesis are not eligible for registration. In some cases, applicants could apply to have this requirement waived if they provide sufficient evidence that they have conducted graduate research leading to a thesis or published research in another area of psychology or another relevant area of science and where they are the lead author. If the candidate's MA degree did not involve a thesis component, they may seek equivalency through an article published in a peer-reviewed journal where they are the first author. This equivalency is at the discretion of the registration committee. Note that this requirement only applies to candidates who graduated with an MA degree in psychology after August 30, 2027.
 - o. In the case of a doctoral degree, the minimum requirement for registration is a **Doctoral Dissertation** or equivalent in the area of psychology.
11. Applicants for registration for independent practice as psychological service providers with CPMB must come from graduate programs that incorporate supervised training in the provision of psychological services and which directly address the above Functional Competencies. This training must be in the form of practica or equivalent that are required, approved, and monitored by the graduate program. Supervised experience that occurred prior to the candidate's graduate degree, or supervised practice that occurred simultaneously but was not approved by the training program, cannot be counted. The supervision of these practica must be by psychological service providers who are registered for independent practice by the official regulatory body for psychology in the jurisdiction where the services take place.
 - p. In the case of Master's degree programs, a minimum of 100 hours of direct client contact and 50 hours of individual supervision is required. (Note: Masters level candidates for independent practice must ultimately receive and record an additional 400 hours of individual supervision by a registered psychology provider or providers over the course of 4 years of full-time practice in psychology.)
 - q. In the case of doctoral degree programs, a minimum of 300 hours of direct client contact and 150 hours of individual supervision is required. (Note: doctoral level candidates for independent practice must ultimately receive and record an additional 200 hours of individual supervision by a registered psychology provider or providers over the course of 2 years of full-time practice in psychology, although when a candidate has completed a pre-doctoral internship or residency in psychology this will normally be accepted as part of this 2 years.)
12. Supervision guidelines: At least 75% of the supervision referred to in item 11 must be individual and the rest could be group supervision. Individual supervision is defined as 1 on 1 supervision with the student's supervisor. Individual supervision can also occur in a group supervision context when it is the student's cases that are being discussed, otherwise it would be categorized as group supervision. In addition, 25% of individual supervision can be asynchronous, meaning comprehensive and detailed feedback that a supervisor makes to psychological assessment reports, other clinical writing, or, in some cases, reviewing recordings of treatment. Asynchronous supervision must be documented and endorsed by the supervisor to qualify. Finally, students must attest that



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they have experienced some direct observation of their work with clients (either live or via recordings) as well as some in-person supervision (i.e., not virtual or remote by computer) in at least **two** training settings.

13. Education of Supervisors: The only supervision that can be counted for Item 11 is supervision that is by licensed psychological service providers who have a graduate degree equivalent to that which the candidate is enrolled in. So, candidates from doctoral level graduate programs can only meet the minimum supervision requirements through doctoral level supervisors. Master's level candidates could meet these minimum requirements with either Master's or doctoral level supervisors, although all would need to have been registered in their jurisdiction for independent practice in psychology.

Comment: candidates can have supervision from supervisors who do not meet the criteria above during their training, but only supervision meeting these criteria can be counted for the minimum requirements referred to in item 11.

14. Number of Supervisors: Eligible candidates for registration must have a minimum number of different supervisors over the course of their graduate training and supervised practice. To count as an eligible supervisor, this supervisor must have provided at least 15 hours of individual supervision. Prior to registration (i.e., both pre-degree and post-degree supervised practice) a Master's level candidate must have been supervised by at least 4 supervisors. The minimum number of supervisors prior to registration for a doctoral level candidate is 6.

Comment: The number of different supervisors for candidates from accredited doctoral programs involving practica, a pre-doctoral residency, and supervised practice as a candidate will typically well exceed 6 different supervisors.

15. Finally, these graduate coursework and supervised experience requirements must be obtained within a graduate degree in psychology designed to train professional psychological service providers. In certain circumstances, to determine eligibility for candidacy, CPMB might allow some gaps in coursework or training to be made up through additional education or supervised training outside of the candidate's graduate degree. However, approving such supplementation to reach eligibility is fully at the discretion of CPMB. Post-degree education and training would more commonly be considered when a current member of the college is seeking to add an additional FoP, type of psychological service, or client population.

July 2, 2024



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Name: _____

Checklist X

1. ___ Eligible graduate degree
2. Graduate half-course (3 credits) OR senior undergraduate full/2-half courses (6 credits) in each:
 - a. ___ Biological bases of behaviour
 - b. ___ Cognitive-affective bases of behavior
 - c. ___ Individual differences, diversity, growth, and lifespan development
 - d. ___ Social and cultural bases of behaviour
 - e. ___ History and systems (could be 3 credits undergraduate)
 - f. ___ Psychopharmacology (optional)
 - g. ___ Neuropsychology coursework (if applicable)
3. Graduate level half (3-credit) course in each:
 - h. ___ Research methods/statistics (3 credits)
 - i. ___ Professional ethics and standards in Canada (3 credits)
4. Two half courses (6 credits) at graduate level in each
 - j. ___ Assessment and diagnosis (6 credits)
 - k. ___ Intervention/treatment (6 credits)
5. Optional graduate courses in:
 - l. ___ Consultation
 - m. ___ Program development and evaluation
 - n. ___ Supervision
6. Thesis/dissertation
 - o. ___ MA research thesis
 - p. ___ Doctoral dissertation
7. Supervised practice within the graduate program
 - q. ___ 100 hours direct contact/50 hours of individual supervision (MA)
 - r. ___ 300 hours of direct contact/150 hours of individual supervision (doctoral)
8. ___ Quality of supervision
9. ___ Qualifications of supervisors
10. Number of different supervisors:
 - s. ___ minimum of 4 (MA)
 - t. ___ minimum of 6 (doctoral)

NOTES: